

YWCA VICTORIA GEELONG NEWSLETTER Term 1 2012
74-78 Little Malop St (PO Box 1820) Geelong 3220 5221 6333

**Sundarii Mamas Yoga Calendar
Launch**



YWCA young mums have created a beautiful photographic calendar. Available for \$15 – supporting programs. www.ywca.net

**Mother Daughter:
A Woman's Story.**

An 8 week creative project designed to strengthen and support the mother-daughter connection. Art and Art Therapy activities will be used to explore this relationship.

If you have a daughter aged 12 -16 come along and enjoy some creative time together.

The group will be small and safe, with only 8 participants in total. Wed 6.30 – 9.00pm 8th Feb- 28th March 2012 plus celebration

Cost: \$200 per person for the 8 week program (payment plan available)

Register your interest: 5221 6333
Or email geelong@ywca.net

TERM 1 2012 PROGRAMS...

Y's Women

Y's women is a creative program designed to empower women, improve body image, confidence and self esteem.

2 hours per week for 8 weeks.

Women aged 18 and over. \$100

Register your interest: 5221 6333

Supported by Learn Local

Reclaim The Night 2011

YWCA Free Badge Making Stall



Women @ Work

YWCA will be facilitating a Women @ Work program for Workskil clients in Term 1 2011. Please contact your local Workskil office to be involved.

For further information or to enrol please call Justine: 5221 6333 or email geelong@ywca.net
<http://www.ywca.net>

YWCA's Little Malop st venue is available for hire at reasonable rates. Call Justine for details.